



## Conference & Day Delegate Menus

### Bowl Food

Bowl foods are served in individual bowls designed to fit neatly into the palm of your hand – a selection of tasty flavours designed for relaxed eating for people on the move. It's impossible not to find something for all of your guests – from orzo pasta tossed through with roasted artichoke to French potato salad with pork hock, all bases are covered. When it comes to quantities we find that one bowl is not quite a full eat but two makes an ideal lunch. All of our bowl food menus as based on two bowls for each of your guests

### Day Delegate Package A

#### Morning Refreshments

Organic Fairtrade “tiki” coffee and tea served with cookies

#### Sandwiches and Fruit

Selection of sandwiches, croissants and mini bagels with a variety of fillings including vegetarian options

Fresh fruit bowl

Organic Fairtrade “tiki” coffee and tea

#### Afternoon Coffees

Organic Fairtrade “tiki” coffee and tea served with cookies

### Day Delegate Package B

#### Arrival Coffees

Organic Fairtrade “tiki” coffee and tea served with cookies

#### Cold Bowl Food

Poached Shetland salmon with Russian salad and rocket

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The posh vegetarian ploughman's

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Prepared fruit platter with mango and chocolate dipping sauce

Organic Fairtrade “tiki” coffee and tea

#### Afternoon Coffees

Organic Fairtrade “tiki” coffee and tea served with cookies





## Day Delegate Package C

### Wake Up Coffees

Organic Fairtrade "tiki" coffee and tea served with cookies

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### Mid-morning Spa Break

Selection of freshly squeezed juice with flapjack

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### Grab and Go Lunch

Lamb patty with an olive focaccia bap and red onion relish

Kangaroo burger in a ciabatta bun with coarse grain mustard mayo and caramelised onions

Vegetarian patty with an olive focaccia bap and red onion relish

Coloured leaf salad

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Individual Di Rollo ice cream tubs

Organic Fairtrade "tiki" coffee and tea

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### Mid-afternoon Munchies

Organic Fairtrade "tiki" coffee and tea served with little tubs of Jaffa cakes

## Day Delegate Package D

### Morning Coffees

Organic Fairtrade "tiki" coffee and tea served with cookies

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### Mid-morning Spa Break

Selection of freshly squeezed juice with oatie biscuits

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### Hot and Cold Buffet Bowl Food

Hot pork and leek sausages with mash and gravy

Chilled grainy mustard spaghetti coleslaw with chopped egg, feta, french beans and pea sprouts

Chilled shredded cooked pork hock and mustard cress with French potato salad and garlicky mayo

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Individual Di Rollo ice cream tubs

Organic Fairtrade "tiki" coffee and tea

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### Afternoon Indulgence

Organic Fairtrade "tiki" coffee and tea served with mini muffins



## Day Delegate Package E

### Welcoming Coffees

Organic Fairtrade “tiki” coffee and tea served with cookies

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### Mid-morning Spa Break

Selection of freshly squeezed juice with individual bowls of fresh fruit

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### Finger Buffet Lunch

Selection of sandwiches, wraps, mini bagels and mini croissants with a variety of fillings

Pizza bites

Chipolatas with a cranberry and orange dip

Vegetable samosa

Chicken bites with BBQ marinade

Vegetable crudités

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Selection of tasty tray bakes

Organic Fairtrade “tiki” coffee and tea

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### Afternoon Coffees to Perk You Up

Organic Fairtrade “tiki” coffee and tea served with a selection of flapjacks

## Day Delegate Package F

### Welcome Coffees

Organic Fairtrade “tiki” coffee and tea served with cookies

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### Mid-morning Coffee Bar

Organic Fairtrade “tiki” coffee and tea with oatie biscuits

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### Cold Buffet Bowl Food

Prawn and pasta Waldorf salad

Smoked chicken with ‘a hint of sweet chilli’ salad

Orso pasta tossed with artichokes, semi dried tomatoes, olives, little mozzarella, rocket leaf salad and virgin oil

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Passion fruit cheesecake cup with mango sauce

Lemon crunch fool

Organic Fairtrade “tiki” coffee and tea

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### Afternoon Coffees and Sweet Treat

Organic Fairtrade “tiki” coffee and tea served with bowls of Scottish tablet



## Day Delegate Package G

### Welcoming Coffees

Organic Fairtrade “tiki” coffee and tea served with cookies

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### Mid-morning Refresher

Organic Fairtrade “tiki” coffee and tea with oat and apple bars

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### Hot Buffet Bowl Food

Sliced daube of beef with dauphinoise potatoes, shredded spring onions and a wine jus

Quinoa cooked with Italian plum tomatoes, white wine, onions with roasted squash, coriander and parmesan

### Cold Buffet Bowl Food

Cold shredded pork hock with French potato salad, garlicky mayo and mustard cress

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Lemon and Amoretti mousse

Crushed coffee vacherin with Marsala soaked almond biscuits

Organic Fairtrade “tiki” coffee and tea

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### Afternoon Coffees to Perk You Up

Organic Fairtrade “tiki” coffee and tea served with individual Di Rollo ice cream tubs

## Day Delegate Package H

### Arrival Coffees

Organic Fairtrade “tiki” coffee and tea served with mini muffins

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### Mid-morning Spa Break

Selection of freshly squeezed juice with oat and apple bars

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### Cold Buffet Bowl Food

Poached Shetland salmon with chilli noodles and coriander

BBQ chicken breast slithers with a feta and squash salad and Caesar dressing

Red pepper roulade with a citrus Mediterranean couscous and yoghurt

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Lemon crunch fool

Belgian chocolate mousse with candied orange strips

Organic Fairtrade “tiki” coffee and tea

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### Afternoon Indulgence

Organic Fairtrade “tiki” coffee and tea served with individual Di Rollo ice cream tubs

